



Use **Kindness Cards** to encourage, recognize, or reward **Acts of Kindness**. Teachers, parents, or grandparents can give or send them to children, students, or adults. Employers and colleagues, or friends and neighbors, can give to send them to each other. Anyone can post them on social media. Invent your own **Kindness Challenges** using these **Kindness Cards**.

There are 4 different types of the free **Kindness Cards** – **Giving Cards**, **Promise Cards**, **Receiving Cards**, and **Share It Forward Cards** – and each is available in many different sizes. In addition to the single-card versions for printing or posting, many of the options for these small cards are also presented as multiple copies per page. All can be cut after printing.

There is a JPG image and a PDF document version for each of the different size options. Some of the options include space for a name and some do not. You can download, print, copy, or post either version, as appropriate.

To obtain your own **Kindness Cards**, go to KindnessCloud.org/Tools, scroll down to the **Kindness Cards Tab** for the particular card that you wish to use, and then click on the **Plus Sign (+)**. Generally, you or someone else will fill out the cards by hand, and then either present or take a picture of the completed card. There are versions of each card with and without name spaces. You can also insert information into an electronic copy if you have the appropriate software. A sample of each card with a space for a name is shown below.



Giving Cards

Promise Cards

Receiving Cards

Share It Forward Cards