Join the Kindness Movement
You Can Make a Difference
We Can Make a Kinder World

Ideas for Teachers

Kindness Share It Forward Cards

Double the Good: By encouraging your students to Do Kindness and to Share It Forward, you teach them two wonderful life skills at the same time. And, sharing your classroom stories forward will encourage other teachers to involve their students in spreading Kindness.

Multiplying Kindness: Using the Share It Forward model (one person starts by sharing it forward to three people, who share it forward to three more, and on, and on), students will gain a clear illustration of their impact of their efforts. Once students understand the model, assign students into groups to share their Kindness Forward using the Share It Forward Cards.

Good Deeds: Use the Share It Forward Cards to conduct this activity in individual classrooms and outside of school. Each student is asked to do three good deeds during the week. One deed is for someone at their school and the other two can be completed at home, in school, or during extracurricular activities. The recipient of the student’s good deeds will also receive a Share It Forward Card which asks them to Share It Forward. This creates a chain reaction of positive actions.

Treats for Kindness: Students make cookies or decorate biscuits and visit the local police station or fire station. Have students thank the staff for the work they do protecting the community while endangering their own lives using the Share It Forward Cards. They then give out the cookies, asking that the police officers in turn to Share It Forward.

Share It Forward Tree: Draw or paint a leafless tree with your classroom and display it in the school foyer. Have students design leaves, along with a fewer number of spectacular flowers. Whenever a child is seen to be doing a good deed or tells a teacher that he/she has done a good deed, he/she is given a leaf with his/her name on it. The leaf is then placed on the tree. For every five leaves placed on the tree, a flower is then added. This is a visual representation of Kindness shown within the school community. Students could also be asked to give out leaves to teachers they see being particularly Kind.

To Share It Forward, the school could plant a Kindness Garden representing all the flowers on the foyer
mural, the **Share It Forward Tree**. A local business might even offer to donate groceries, clothing, or other goods to a local shelter when the tree has 100 flowers.

**Undercover Kindness:** Assign seven days of secret **Acts of Kindness** to your students. This underscores the anonymity of **Share It Forward**. It’s not about the recognition you get for being **Kind**; it’s about making someone else feel good and hoping that they will pass that feeling on. Use the **Share it Forward Cards** to encourage students to **Keep Kindness in Motion**.