Encourage your students to think about Kindness using Kindness Receiving Cards in your classroom. When you teach children about Kindness, it improves their behaviors and attitudes towards one another and creates a positive learning environment in your classroom. Here are some simple activities.

**Kindness Receiving Brainstorming:** Facilitate a Kindness brainstorming session with your class asking an open-ended question, such as: “What was something Kind you noticed someone did lately – big or small? Tell the students to jot their ideas down on Kindness Receiving Cards. Encourage students to fill out as many cards as they would like. Then, draw a chart on a white board or large piece of chart paper with two headings: Big Kindness Acts and Small Kindness Acts. Ask students to list their ideas under each heading. Discuss how Small Kindness Acts are just as meaningful as Big Kindness Acts.

**Attribution Acknowledgment:** Pass out a Kindness Receiving Card to each student in your class. Ask them to write down something kind done for them lately, and how it made them feel. Collect the cards and read them aloud for everyone to hear and understand how Kindness makes the heart happy.

**Complimentary Cards:** Place the Kindness Receiving Cards in a basket in your classroom for students to take at any time. Students can use them to write a compliment or encouraging note to another student and place it anonymously on someone’s desk when they’re not looking.

**Gratitude Cards:** Have students think of people who have done something nice for them lately. Let them pick whom they want to say, “Thank you.” It could be the lady who serves them lunch at the cafeteria, the bus driver who takes them to school every day, or the older sibling who helped them with their
homework. Give them an opportunity in class, just a few minutes a week, to write a note of gratitude. Encourage students by reminding them that the person they thank will be delighted at the unexpected Kindness shown.

**Kindness Collage:** Create a collage in your workplace or classroom so that everyone can discuss the Kindness they have received. This can be daily or as part of a Kindness Appreciation Week. Set up an appreciation display where students can drop by and show how they appreciate teachers, principals, custodians, secretaries with Kindness Receiving Cards.