Join the Kindness Movement
You Can Make a Difference
We Can Make a Kinder World

Ideas for Teachers
Kindness Promise Cards

Kindness Promise Poster: Divide kids into small groups. Give each group a piece of poster board, Kindness Promise Cards, along with markers and other art supplies to design a Kindness-themed poster. Before they begin, have them brainstorm a list of Kindness slogans or look up quotes about Kindness. Examples include, “Being Kind never goes out of style.” or “Kindness Changes Lives.” They can then choose their favorite slogan or quote and design their poster around it. Then, decorate the poster with Kindness Promise Cards. Hang the posters around the school or library.

Kindness Goodwill: Use Kindness Promise Cards to spread goodwill throughout your school library. Place the cards in books for students to find when they check them out. They can then write their own positive message on each card and either trade cards with other students or place them back in books for others to find.

Kindness Promise Zone: Set up a Kindness Promise Zone in the library. Create a bulletin board with the heading “Kindness Counts!” Post some of Kindness Promise Cards around the board. Then, place a decorated box near the bulletin board. Write a variety of random Acts of Kindness on slips of paper and put them in the box (ideas include holding the door for someone, saying hello to a student you don’t know, letting someone go in front of you in line, etc.). Have kids draw one slip from the box each week and then sign it and turn it in when it is completed. Post the completed Kind acts on the bulletin board. When all the Kind acts have been posted, reward the class with a special treat.

Kindness Superstars: Tell students to be on the lookout for random acts of Kindness. When they see another student doing something nice for someone else, have them write the student’s name on a on a slip of paper along with the Kind deed. Tell students to put the papers in a designated spot, such as an envelope or a box. Once a day, take the names out and post the Kindness Promise Card along with the Kind deed on a bulletin board along with a star sticker. Title the board “Kindness Superstars!”
Spreading the Love: Have each student write his or her name at the top of a Kindness Promise Card. Then, tape each student’s piece of paper to their back. Have students walk around the room and write one positive thing about each person on their piece of paper. At the end, have students partner up and read each other’s papers out loud to each other. They will love hearing all the nice things that others have said about them.