**Kindness Theme Box:** Create a large box for your classroom. Have your class help you decorate the outside of the box with kindness graphics and positive quotes. Wherever you place the box, make sure you leave a stack of Kindness Giving Cards nearby. Tell students that they can use the box to write down positive messages, thank-you notes, or messages of appreciation or encouragement to their fellow students or teacher, teaching assistant, or another adult in the classroom. Model Kind messages by reading a few examples out loud with the class. Take out a few notes every few days and read them to the class to encourage positivity.

**Kindness Shout-Outs:** Hand out Kindness Giving Cards to each student in your classroom. On the white board or poster board, write out three positive sentence stems:

- I really like how ...
- I noticed that ...
- I’d like to give a shout-out to ...

Then, model using the sentence stems and thank students for their contributions in class, praise them for a job well done, or call out an Act of Kindness that you’ve written on the Kindness Giving Cards. Encourage students to use their Kindness Giving Cards to join you in calling out fellow students for praise or thanks.

**Kindness Write Around:** This writing activity gives students a chance to silently appreciate one another while building writing fluency. Give them each a Kindness Giving Card that has a sentence starter on it, with space for them writing after each one:

- One idea I’ve gotten from you is ...
- I really like your personality because ...
- I know I can count on you when ...
• I really appreciate when you ...
• Some adjectives that describe you ...

**Say Something Nice:** Have each student write their name at the top of the *Kindness Giving Card* or a larger piece of paper. Collect them and then randomly redistribute them. Ask for silence and then tell the students they have three minutes to write something ONLY NICE about that person. After a few minutes, ask them to pass the cards to another person. Do several rounds. Collect them and pass the cards back to the owners. You won’t believe the smiles you will see.

**Kindness Giving Collage:** At the end of the semester, create a *Kindness Giving Collage* full of all the acts of kindness that your class has done. Have each student write down acts of kindness given during the year *Kindness Giving Cards*. Display the collage on your classroom bulletin board.

**Wrinkled Heart Activity:** You’ll need to cut out a giant heart from construction paper for this activity. Show students the heart and ask students to share examples of unkind actions (school appropriate). If they feel comfortable enough, they can also share real-life experiences they may have had at school. As each unkind experience is shared, fold the heart. Keep folding the heart for each unkind gesture until the heart is completely folded. Then, ask students to share positive experiences and kind gestures. For each positive experience or a kind gesture, unfold the heart. Complete the sharing until the heart is complete unfolded and open. The visual of the heart is an explanation that when unkind things happen it can hurt our hearts (the folds in the heart). As we experienced Kindness and forgiveness, our heart opens back up, but it is still wrinkled symbolizing that even if we apologize for unkind actions, our unkind actions can still leave a negative mark on someone’s heart. Give students a smaller heart and pass out the *Kindness Giving Cards*. Have them write the Kind gestures they would like to give this week to keep the hearts of others happy.