Join the Kindness Movement
You Can Make a Difference
We Can Make a Kinder World

Ideas for High School Students
Kindness Share It Forward Cards

**Kindness in Style:** Do you have nice clothes or business attire that you’ve outgrown? Donate them to organizations that help the homeless get back in the workforce. Attach a Share It Forward Card to the batch of clothing when you drop them off to keep Kindness in Motion.

**Be the Teacher:** If there is a subject in which you excel, offer to help younger students who may not have access to tutors, free of charge. Ask a teacher at your high school for information and they should be able to connect you with students seeking help in that subject area.

**Kindness Surprise:** Surprise a friend with their favorite fast food lunch. Attach a Share It Forward Card to encourage them to keep the trend going.

**Be a Kindness Guide:** Help the new kids at school by showing them around during school. Help them find their classes, sit with them at lunch, and introduce them to your friends. Seeing that you are going out of your way to reach out will mean more to them then you realize; they will always remember it.

**Project Kindness:** Spread the Kindness Movement by making short videos focused around positivity and Kindness. Post the videos on social media. Have a contest among your friends for the best video.

**Social Media Compliments Page:** Set up a separate profile account on one or more social networking platforms for the purpose of giving out anonymous compliments and praise to your classmates.

**Create a Public Service Announcement:** Promote positivity in your school. Record a short video with the simple purpose of encouraging others to be kind. Interview your classmates or “famous” people in your school or community (like the principal or mayor). Upload it to YouTube, your school’s web page, or social media accounts, and otherwise use it as a teaching tool to reach many others.