Join the Kindness Movement
You Can Make a Difference
We Can Make a Kinder World

Ideas for Communities and Groups
Kindness Share It Forward Cards

Show Kindness Generosity. When members of your community or group go out to eat, leave the waiter/waitress a generous tip. Invite them to use the Share It Forward Cards to keep Kindness in Motion.

Hands On: Get involved in a local community project or in-house building maintenance to repair, repaint, or redecorate. Manual labor is often overlooked but greatly appreciated especially when funds are short. Use the Share It Forward Cards to pass on to other volunteers or the person whom you are helping to keep kindness in motion.

Show Kindness to the Sick: Visit a hospital with the goal to encourage and spend time with patients there. Bring a couple of bouquets to hand out with a warm smile and a Share it Forward Card attached.

Show Kindness to Doctors: While you’re there at the hospital or urgent care, make sure to take time to thank all the staff that’s on duty. From the responses, to the nurses, doctors to the janitors, hand them a Share It Forward Card to let them know each one of them is appreciated.