Foster Kindness: Partner with or start up a shelter to help meet people’s needs. Spread love and encouragement to them and show them that they are supported and valued. Inspire them to use the Kindness Receiving Cards to spark positivity and an environment of giving and thankfulness.

Discussing Kindness: Use Kindness Receiving Cards to form a discussion around thankfulness and Kindness in small groups. Take time to reflect as a group about how you can serve others.

Kindness in a Cup: Bring a cup of coffee to the volunteers at the welcome table, greeters at the door, or any other individual that donates their time to your place of worship. Attach a Kindness Receiving Card to the cup to express your gratitude for their service.

Home-Baked Kindness: Bake goodies and take them to the police station, fire station, or hospital. Attach a Kindness Receiving Card to express how you’re thankful for their service to the community.

Kindness Treats: Leave some bottles of water on a table outside for your delivery person. This is especially appreciated during the summer months. Have the Kindness Receiving Card on the table or attached to the water bottles and snacks to thank them.