



**Grow the Kindness Movement
You Can Make a Difference
We Can Make a Kinder World**



**Would You Like to Make a Better World? Here's How.
Create Kindness Communities**

People Are Facing Challenges from food, clothing, shelter, and finances to isolation, jobs, health, and climate.

Together We Can

Provide the needy with food, clothing, or shelter
Give gifts to those who have no families or friends
Talk and listen to people who have no one else
Visit those who are sick or lonely
Provide free services for those who cannot pay
Be a voice for people who cannot speak
Share strength with people who are weak
Reach out to people who cannot move
Help the needy with our humanity

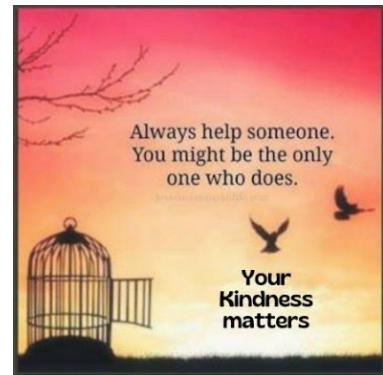
Because of Us

People Will Make it Through

We Must Recruit Others. Our Goal must be to **Keep Kindness In Motion.**

We Must Encourage Others to Create Kindness Communities. We must organize:

- Young people and even kids (with appropriate supervision)
- Friends, relatives, and neighbors
- Classmates, colleagues, and coworkers
- Communities and schools
- Groups and organizations (profit and nonprofit)
- Influencers and opinion makers



We Must Promote Kindness Action using social media (stories, challenges, videos, images, and messages) and traditional media (news stories, speeches, and handouts).

We Must Spread the Word. We must let everyone know what they can do.

Together We Can Make a Better World