



**Grow the Kindness Movement
You Can Make a Difference
We Can Make a Kinder World**



Kindness Cards

Use the free **Kindness Cards** to encourage, recognize, or reward **Acts of Kindness**. Teachers, parents, or grandparents can give or send them to children, students, or adults. Employers and colleagues, friends and neighbors, can give or send them to each other. Anyone can post them on social media or on their walls. Invent your own **Kindness Challenges** using the **Kindness Cards**.

There are four different types of **Kindness Cards** – **Giving Cards**, **Promise Cards**, **Receiving Cards**, and **Share It Forward Cards** – and each is available in several different sizes. There is a JPG and a PDF version for each. Some of the options include a space for a name. Multiple cards on one page can be cut after printing. Cards can also be cobranded, rebranded, or even created in a different language.

To obtain **Kindness Cards**, go to KindnessCloud.org/Resources, and then scroll down to the **Kindness Card Tab** for each card type. You can fill out the cards by hand, and then either present or take a picture of the completed card. You can also insert the information directly into an electronic copy with the appropriate software. A sample of each card with a space for a name is shown below.

The Kindness Cloud *Kindness in Motion*
Giving Kindness

Date _____ Name _____

Giving Cards

The Kindness Cloud *Kindness in Motion*
My Kindness Promise

Date _____ Name _____

Promise Cards

The Kindness Cloud *Kindness in Motion*
Receiving Kindness

Date _____ Name _____

Receiving Cards

The Kindness Cloud *Kindness in Motion*
Share It Forward

Date _____ Name _____

Share It Forward Cards